LADIES' WORK FOR SAILORS.

THE MISSIONS TO SEAMEN,
11, BUCKINGHAM STREET, STRAND, LONDON, W.C.
THE MISSIONS TO SEAMEN.

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## Ladies' Work for Sailors

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N.B.—The demand for the several articles is in the order in which they are printed:—those most needed come first.
FORECASTLE BOOK-BAGS.

The material preferred is white Barnsley Crash, or round towelling, or similar strong material, 18 inches wide. It can be obtained from Mr. William Whiteley, Westbourne Grove, London, W.

The book-bags should be about 18 inches wide and 12 inches deep, with a flap along the top edge 7 inches deep.

Take a piece of crash, or round towelling, or similar strong material, 32 inches long and 18 inches wide. Hem each end half an inch. Double over one end to a depth of 12 inches. Stitch up sides strongly. Bind all round with braid. Make buttonholes on lower edge of flap, about 2 inches from each corner. Place corresponding buttons at top of front of bag. Sew two curtain rings, about three-quarter inch diameter, at the top where the flap turns over, about 2 inches from each corner, whereby to hang the bag.

Patterns can be had on application.
SAILORS’ DITTY-BAGS,

or HOUSEWIVES.

The dimensions and materials described below have proved most suitable, though some ditty-bags rather larger are useful.

A strip of blue cloth, serge, or flannel, 28 inches long by 4 inches wide. Take a strip of white or striped flannel, 20 inches long by 4 inches wide, tacked on to a piece of harding same size. Place on blue cloth, turn 4 inches of cloth over on to the flannel at each end for pockets, and bind all round with braid. Sew piece of blue braid at end of one pocket to tie round when rolled up. Piece of red flannel 5 inches long by 3\(\frac{1}{2}\) inches wide folded in half, edges
notched, stitched across next to one pocket for needle-book and pins. Four rows of stitching from an inch below one pocket at equal distances straight down the flannel to within 1 inch of the other pocket. Finish the stitching at both ends with 3 button holes in flannel only. The 3 passages so made should be filled with threads and worsted; put needles and pins in flannel book, and buttons of various kinds and other sewing materials in the pockets. Roll up and tie round with braid. Patterns can be had on application.

THE MISSIONS TO SEAMEN CHURCH AND INSTITUTE, POPLAR, E.
KNITTING.*

For the sea-boot stockings and the extra strong steering-gloves, use grey or unbleached Carpet yarn, which can be had from Messrs. Jevons and Mellor, Corporation Street, Birmingham. For all the other articles use Alloa yarn, made by John Paton, Sons & Co., which can be had from Messrs. Wakeford Bros., King’s Road, Sloane Square, London, S.W.; Messrs. J. Huthart and Co., Fisher Street, Carlisle; Messrs. Jevons and Mellor, Corporation Street, Birmingham; Messrs. Leak and Thorp, Coney Street, York; Messrs. John Page and Son, Maypole Yard, Nottingham; The Worsted Mills, Greenock, N.B.; Messrs. James Smith and Co., High Street, Glasgow; Messrs.

* The remaining pages are kindly rewritten, and the whole book edited, by Miss Warleigh, Copthorne, Crawley, Sussex.
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James Lindsay and Co., Ltd., Donegal Place, Belfast.

The size of the needles and pins is according to the trade gauge or the Warleigh Knitting gauge, which correspond exactly; the latter is made by Wynn, Timmins & Co., Century Works, Commercial Street, Birmingham, and can be had from this address for 1s 6d. To "make 1" in the mittens and steering-gloves, knit under the yarn that goes below and between two stitches; do this rather loosely. It is a great advantage to most of the articles to work a row of double crochet round the edges, especially those ribbed, such as the throat of the shields and the face of the Uhlan caps, it keeps them from wearing and breaking, so making the articles useful to the last. Leave ends three inches long and darn them in firmly. The colours preferred are rather dark shades of brown, drab, grey and navy blue. Knitters who
work very loosely had better use
needles one size smaller than those
named. R. H. N. and L. H. N.
mean right and left hand needle.
STEERING GLOVES.

These cover the wrist and the whole hand, the four fingers being in one compartment; they should be 13 inches long and 3½ inches wide across the palm just below the first hand knuckle.

1st.—Strong. Four needles 12, 3 ounces of Alloa. Cast on 16, 16, 16, = 48. Work as for mittens up to *, see page 15. Knit 24 rounds plain. Round 101. * Knit 2 together, knit 4, repeat from * to the end, leaving 40 stitches. Knit 6 rounds plain. Round 108. Knit 2 together at the beginning and in the middle of each needle, leaving 34 stitches. Knit 6 rounds plain. Round 115. Knit 2 together all round, leaving 17 stitches. Knit 1 round plain. Knit 2 together all round, leaving 9 stitches. Knit 1 round plain. Run the yarn through the stitches, draw them up and secure the end firmly. Put the 18 thumb stitches on to 3 needles, 6 on to each, knit up 2 new stitches at the opening,
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knit 18 rounds plain, knit 2 together all round, leaving 10 stitches, knit 3 rounds plain and finish.

2nd.—Very strong. Four needles 10, 7 ounces of Carpet yarn. Cast on 12, 12, 12, = 36. Rounds 1 to 24. Alternately knit 2 and purl 2; this ribbing will be about 4 inches long. Rounds 25 to 30. Knit plain. Then begin the thumb on the first needle. Round 31. Knit 2, make 1, knit 2, make 1; finish plain in this and in each increasing round, then knit 2 rounds plain here and after each increasing round. Round 34. Knit 2, make 1, knit 4, make 1. Round 37. Knit 2, make 1, knit 6, make 1. Round 40. Knit 2, make 1, knit 8, make 1. Round 43. Knit 2, make 1, knit 10, make 1. Round 46. Knit 2, make 1, knit 12, make 1. Round 49. Knit 3, put the 12 thumb stitches on to a piece of yarn, finish the round plain. Knit 18 rounds plain. Round 68. * Knit 2 together, knit 4,
repeat from * to the end, leaving 30 stitches. Knit 6 rounds plain.

Round 75. Knit 2 together at the beginning of each needle, leaving 27 stitches. Knit 6 rounds plain.

Round 82. Knit 2 together all round, leaving 14 stitches. Knit 1 round plain. Knit 2 together all round, leaving 7 stitches. Knit 1 round plain. Run the yarn through the stitches, draw them up and secure the end firmly. Put the 12 thumb stitches on to 3 needles, 4 on to each, knit up 2 new stitches at the opening, knit 12 rounds plain, knit 2 together all round, leaving 7 stitches, knit 2 rounds plain and finish.
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MITTENS.

Four needles 12, 2½ ounces of Alloa. These cover the wrist, hand and thumb as far as the first knuckle of the former; they should be 10 inches long and 3½ inches wide across the palm just below the first hand knuckle.

Cast on 16, 16, 16, = 48. Rounds 1 to 36. Alternately knit 2 and purl 2; this ribbing will be about 4 inches long. Rounds 37 to 48. Knit plain. Then begin the thumb on the first needle. Round 49. Knit 2, make 1, knit 2, make 1; finish plain in this and in each increasing round, then knit 2 plain rounds here and after each increasing round. Round 52. Knit 2, make 1, knit 4, make 1. Round 55. Knit 2, make 1, knit 6, make 1. Round 58. Knit 2, make 1, knit 8, make 1. Round 61. Knit 2, make 1, knit 10, make 1. Round 64. Knit 2, make 1, knit 12, make 1.
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Round 67. Knit 2, make 1, knit 14, make 1. Round 70. Knit 2, make 1, knit 16, make 1. Round 73. Knit 2, make 1, knit 18, make 1. Round 76. Knit 3, put the 18 thumb stitches on to a piece of yarn, finish the round plain. * Rounds 77 to 84. Knit plain. Rounds 85 to 92. Rib in twos as at the wrist, cast off loosely. Put the 18 thumb stitches on to three needles, 6 on to each, knit up 2 new stitches at the opening, knit 6 rounds plain, rib 6 rounds in twos, cast off loosely.
COMFORTERS.

Two pins 7, 10 ounces of Alloa.
These encircle the throat twice, the ends covering the chest.

Cast on 38 stitches. Knit plain for 2 yards; or, work the same length in one of the following designs, in which case slip the first stitch and knit the last in every row. If Brioche is used cast on 50 stitches, as this design lessens the width of the work considerably.


4th.—Hemstitch 3. Row 1. Knit 3,* make 1 by crossing the yarn over the pin, knit 2 together, knit 1, repeat from *. Every row is the same.
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5th.—Brioche. Row 1. Make 1, slip 1, knit 2 together. Every row is the same.

SHIELDS, OR THROAT AND CHEST PROTECTORS.

Two pins 9, 3½ ounces of Alloa. Cast on 74 stitches. Slip the first stitch and knit the last in every row. Alternately knit 2 and purl 2 for 48 rows; this ribbing will be about 8 inches long. In the next row cast off 9, leaving 65 on the L. H. N., rib these; in the next row again cast off 9, leaving 57 on the L. H. N. and 1 on the R. H. N., rib these and continue ribbing the 58 stitches for 8 rows. In the next row knit 2, knit 2 together, finish the row plain. Repeat this reducing row till there are 48 stitches, that will be 5 ridges; then knit plain for 76 rows, that will be 38
ridges. Reduce, in the same way as before, till there are 28 stitches, making 53 ridges in all, cast off. This flap for the chest will be about 13 inches long. Sew up the sides of the ribbing to make a collar for the throat, afterwards fold it down in half. This ribbing should be wide enough to pass over a man’s head.—Henrietta Warleigh.

SEA-BOOT STOCKINGS.

Four needles 10, 20 ounces of Carpet yarn.

These are worn over the trousers and under the sea boots; the leg should be about 22 inches long and the foot about 11 inches.

Cast on 22, 22, 21, = 65. The odd stitch on the third needle is for the seam, and is to be purled in each round. Alternately knit 2 and purl 2 for 14 rounds. Knit 48 rounds plain. In the next round reduce for the calf thus: knit 1, knit 2 together,
knit plain to within 4 of the end of the round; knit 2 together, knit 1, purl the seam; knit 5 plain rounds. Repeat these last 6 rounds till there are 11 pairs of leg reductions, making 61 rounds in the calf and leaving 43 stitches. Knit 18 rounds plain for the ankle.

Divide for the heel by putting 21 stitches on to one needle, the seam stitch being the middle one; leave the 22 instep stitches equally divided on 2 needles. Alternately knit and purl the heel stitches for 16 rows, knitting the seam in the purling rows; the last of these rows is a knitting one; purl a row. In the next row knit 2 together at each side of the seam, purl a row; reduce again, purl a row; reduce again, leaving 15 stitches, purl back 8 of them, lay the needles together, wrong side out, and with one of the instep needles cast off double, knitting in the odd stitch at the beginning; the stitch left on the
needle at the end will continue to be the last in the round.

For the foot, with this needle knit up 14 stitches down the first side of the heel and 2 of the instep stitches; with a second needle knit all the instep stitches but 2, that is 18; with a third needle knit these 2 and 14 down the second side of the heel, put the odd stitch on to this last needle and always knit it. There will be 51 stitches. Knit 2 rounds plain. In the next round on the first needle knit to within 4 of its end, knit 2 together, knit 2; on the second needle knit the instep plain; on the third needle knit 2, knit 2 together, finish the round plain; knit 2 plain rounds. Repeat these last 3 rounds till there are 4 pairs of ankle reductions, leaving 43 stitches; this makes the gussets. Knit 28 rounds plain for the foot.

Divide for the toe by keeping 11 stitches on each side needle for
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the sole, 21 being on the middle needle. In the next round reduce for the toe thus: on the first needle knit all but 4, knit 2 together, knit 2; on the middle needle, that is, the long one, knit 2, knit 2 together, knit all but 4, knit 2 together, knit 2; on the third needle knit 2, knit 2 together, finish the round plain. Knit 3 rounds plain; reduce again, knit 2 rounds plain; then continue reducing, followed by only 1 round plain, till there are 11 stitches. Put the sole stitches on to one needle and cast off double, knitting in the odd stitch in the middle of the row.

THE MISSIONS TO SEAMEN CHURCH AND INSTITUTE,
WELL STREET, LONDON DOCKS, E.
Ladies' Work for Sailors.

UHLAN CAPS.

Two pins or four needles 8, 4½ ounces of Alloa.

This covers the throat and the whole head except the mouth and eyes; it should be about 6 inches wide and 22 inches long. "Make 1" by crossing the yarn over the pin.

1st.—In rows, with one join. Cast 10 stitches on to one pin. Row 1. Knit 1, * make 1, knit 1, repeat from *. Row 2 and every alternate one in the crown. Purl. Row 3. Knit 1, * make 1, knit 2, make 1, knit 1, repeat from *. Row 5. Knit. Row 7. Knit 1, * make 1, knit 4, make 1, knit 1, repeat from *. At the end of this row six divisions will appear, these increase in size till, at the end of row 27, there are sixteen stitches in each, which, multiplied by 6, equal 96, the odd one being purled out in row 28. Row 9. Knit. Row 11. Knit 1, * make 1, knit 6,
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make 1, knit 1, repeat from *. Row 13. Knit. Row 15. Knit 1,* make 1, knit 8, make 1, knit 1, repeat from *. Row 17. Knit. Row 19. Knit 1,* make 1, knit 10, make 1, knit 1, repeat from *. Row 21. Knit. Row 23. Knit 1,* make 1, knit 12, make 1, knit 1, repeat from *. Row 25. Knit. Row 27. Knit 1,* make 1, knit 15, repeat from *. Row 28. Purl 1, purl 2 together, purl the rest. There are 96 stitches here. Rows 29 to 42. Alternately knit 2 and purl 2. This head piece, including the ribbing for the forehead, should be about 6½ inches long. Row 43. Cast off 31, leaving 65 on the L. H. N. and 1 on the R. H. N.; this is to make the opening for the face; finish ribbing the row and continue ribbing the 66 stitches for 9 more rows, about 1 inch. At the end of the last of these short rows cast on 30 stitches at the same side as the cast off stitches. Row 53. Rib in twos as before, and
continue ribbing the 96 stitches for 100 rows, cast off very loosely. Sew up the seam and draw to a point the casting on stitches.

2nd.—In rounds, with no join. Cast 3 stitches on to each of three needles, making a total of 9. Round 1. Make 1, knit 1, repeat to the end.
Round 2. Knit. Round 3. Make 1, knit 2, make 1, knit 1, repeat 5 times in this and in each increasing round, making 6 divisions in the circle. Rounds 4 to 6. Knit.
Round 7. Make 1, knit 4, make 1, knit 1. Rounds 8 to 10. Knit.
Round 15. Make 1, knit 8, make 1, knit 1. Rounds 16 to 18. Knit.
Round 19. Make 1, knit 10, make 1, knit 1. Rounds 20 to 22. Knit.
Round 27. Make 1, knit 15. There are 96 stitches here. Rounds 28 to
42. Alternately knit 2 and purl 2. This head piece, including the ribbing for the forehead, should be about \( 6\frac{1}{2} \) inches long. In the next round on the first needle knit 2, put these back on to the third needle, this will put a rib at each side of the face; cast off 30. Continue ribbing the 66 stitches for 9 rows, about 1 inch. Then cast on 30, replace the 2 stitches on to the first needle, continue ribbing the 96 stitches for 100 rounds, cast off very loosely.

—Henrietta Warleigh.
SURGICAL BANDAGES.

These are made of unbleached calico, which is the best, or of flannel, linen, webbing, &c. The sizes are as follows: for finger, $\frac{3}{4}$ inch wide, 2 yards long; for arm, 2½ inches wide, 3 to 6 yards long; for head, 2½ inches wide, 4 to 6 yards long; for leg, 3 inches wide, 6 to 8 yards long; for chest, 4 to 5 inches wide, 8 to 12 yards long. Each bandage should be distinctly labelled in marking ink, arm, head, &c., about 2 inches from one end. Make them thus: tear off the strips, there must be no selvedge on either side, pull off all ravelling threads; then begin to roll up the bandage by curling the unmarked end between the thumb and finger, as a foundation for the rest. It is important to roll as smoothly and as tightly as possible from first to last. When finished secure the loose end with a small strong safety pin, which is convenient for the operator when using the bandage.
SALES OF WORK.

Very valuable help is rendered to the Missions by ladies who promote sales of work, pictures, useful articles, flowers, &c.

The conditions under which sales of work may be promoted vary so much that it is difficult to give instructions in a brief space. As a rule, it would be better to communicate with the Association Secretary of the District (see list at end of this booklet). In addition to the larger and more formal sales, great help may be rendered by ladies kindly collecting suitable articles, and having small sales in their own houses. There is a "Ladies' Working Union" in each District, and the Association Secretary would be only too glad to give information concerning its methods.

1902.
### Association Districts

1. **Metropolitan.**
   - Rev. G. F. Wilson, M.A., Rev. E. Sinker, M.A.,
   - W. Edwards, Esq., 11, Buckingham Street,
   - Strand, London, W.C.
   - Berks. | Herts.
   - Bucks. | Middlesex.
   - Cambridge Town. | Oxfordshire.
   - Essex. | Surrey.

2. **South-Eastern.**
   - Rev. H. W. Farrar, M.A.,
   - 11, Buckingham Street, Strand, London, W.C.
   - Rev. J. V. H. Rees, A.K.C.,
   - Seamen’s Institute, Royal Crescent, Southampton.
   - Channel Isles. | Kent.
   - Hants. | Sussex.
   - Isle of Wight.

3. **South-Western.**
   - Rev. H. M. Holderness,
   - The Chaplaincy, Portland.
   - Cornwall. | Somerset.
   - Devon. | Wiltshire.
   - Dorset.

4. **East Central.**
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5. West Central.
Rev. A. R. Harper-Smith, M.A.,
28, Lansdown Crescent, Cheltenham.

Warwicks. Worcesters. Wales.

6. North-Western.
Rev. C. A. J. Nibbs,
12, Maple Avenue, Chorlton-cum-Hardy,
Manchester.

Cumberland. Lancashire (except Liverpool Diocese). Shropshire.
Staffs. Westmoreland. Isle of Man.

7. Northern.
Rev. H. A. Livermore, B.A.,
112, Haxby Road, York.

Durham. Northumberland.
Yorkshire. Scotland.

8. Ireland.
Rev. W. S. C. Seccombe,
10, Clarinda Park, E. Kingstown.

Communications about Sermons, Meetings, Sales of Work, &c., should be made to the Association Secretary of the district at his address.
Ladies' Work for Sailors.

Ladies' work for the use of sailors should be sent to The Missions to Seamen Chaplain at the nearest seaport; or to the Association Secretary of the District; or to the Secretary, The Missions to Seamen, 11, Buckingham Street, Strand, London, W.C.

As to Ladies' work FOR SALE, communicate with the Association Secretary of the District.

Cheques crossed "Barclay & Co.," may be made payable to "The Missions to Seamen," and Post-office Orders to "W. Dawson" on Charing Cross Office, London. They can be forwarded to Commander W. Dawson, R.N., Secretary, The Missions to Seamen,

11, BUCKINGHAM STREET, STRAND,
LONDON, W.C.
THE MISSIONS TO SEAMEN CUTTER.